

2008 - 2009 PARENTS AS TEACHERS BORN TO LEARN® ANNUAL PROGRAM REPORT SUMMARY

Parents as Teachers (PAT) is an evidence-based parent education and family support program serving families throughout pregnancy until their child enters kindergarten. The program increases parent knowledge of early childhood development and improves parenting practices; provides early detection of developmental delays and health issues; prevents child abuse and neglect; and increases children's school readiness and school success. The Parents as Teachers Born to Learn® model provides families with personal visits by certified parent educators; group meetings; developmental, health, hearing and vision screenings; and linkages with community resources. It is adaptable to the needs of diverse families, cultures and special populations. Programs are funded through a variety of public and private sources. Our vision is that all children will learn, grow and develop to realize their full potential.

The information contained in this annual program report summary illustrates the reach and impact of programs over a 12 month period.

The information in this summary is based on data from 2,237 Annual Program Reports representing 2,299 Parents as Teachers program sites in the U.S. and Canada. The typical reporting period is July 1, 2008 to June 30, 2009.

PROGRAM REACH

- ◆ 342,569 children
- ◆ 267,134 families
- ◆ Child Ethnicity:

12.5% African-American	12.9% Hispanic / Latino
1.2% American-Indian	4.3% Multi-Racial
1.4% Asian	0.2% Native Hawaiian or Pac. Islander
60.3% White (European-American)	0.7% Other
3.9% White (Non-European origin)	2.6% Unknown

(Based on children whose ethnicity was reported)

- ◆ 1,286 PAT programs served families with Spanish as their primary language; these PAT families totaled 31,734 or 12% of all families.
- ◆ 18,625 families (7.0% of all families) have at least 1 parent who is foreign-born (not a US citizen at birth)
- ◆ 3,305 families are active duty military.
- ◆ 70% of families had at least one of the following family characteristics:

Teen parents	11%
Child with disabilities	8%
Parent with disabilities	3%
Low educational attainment	19%
Low income	50%
Speakers of other languages / limited English proficiency (LEP)	14%
Single-parent household	27%
Chemical dependencies	2%
Foster parents, court-appointed legal guardians, adoptive parents	2%
Transient / numerous family relocations	4%
Involvement with the corrections system	3%
Low birthweight (under 2500 grams or 5.5 lbs.)	4%
Involvement with mental health or social services agencies	15%
Relative who is the primary person in the parent support system	3%
Death in the immediate family	1%
Ongoing health problem of child, parent, or sibling	5%
Children with serious behavior concerns	3%
Referred to Parents as Teachers program because of suspected child abuse	2%
Multiple children under age 5	6%
Uninsured	2%
Homeless or resided in a shelter for at least part of the year	2%
- ◆ Family attrition rate (including families who moved out of the service area) was 17%
- ◆ 34% of programs have a waiting list; 21,666 families are waiting for services.

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For additional information on Parents as Teachers,
please visit our website: www.ParentsAsTeachers.org
or call 1-866-PAT4YOU (1-866-728-4968)



PROGRAM SERVICES AND IMPACT

PROGRAM CHARACTERISTICS

Personal Visits

- ◆ Programs most commonly offered monthly visits to typical Parents as Teachers families.
- ◆ Programs most commonly offered weekly visits to families with greater needs.

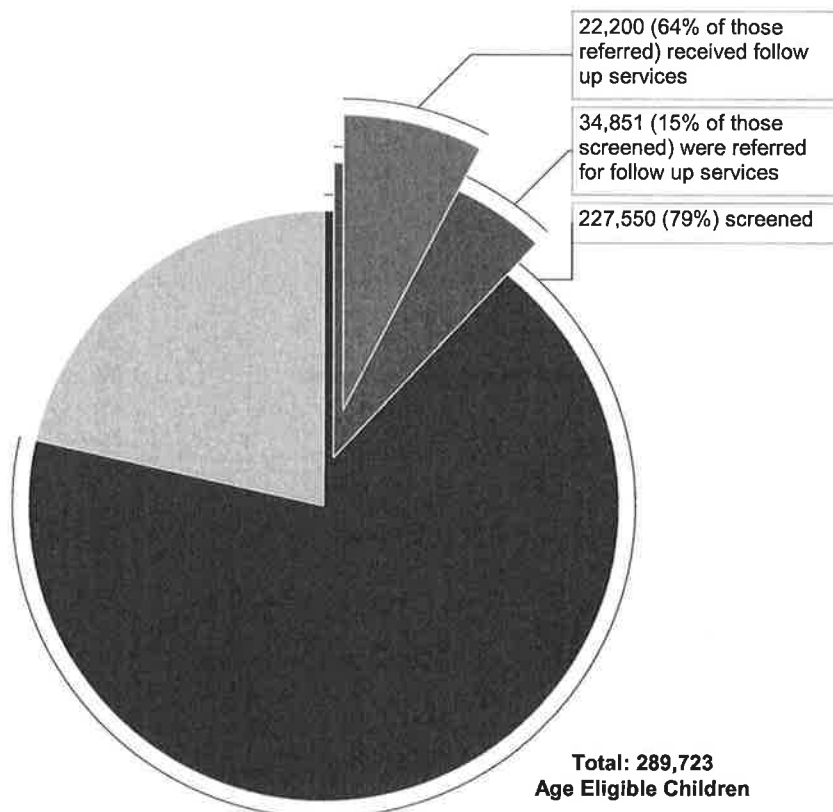
◆ Visits Received	# of Families	% of Families
1 to 5 visits	145,026	55%
6 to 9 visits	52,491	20%
10 to 12 visits	26,319	10%
13 to 19 visits	16,242	6%
20 or more visits	24,532	9%

Group Meetings

- ◆ 94,566 group meetings were held; 43% of families attended at least one group meeting.

Screening and Referral

- ◆ 227,550 children received health and developmental screenings.
- ◆ 34,851 children, or 15% of those screened, were identified with possible health / developmental problems and were referred for follow up services.
- ◆ 64% of those referred received follow up services.
- ◆ On average, programs report 89% of two-year-olds had up-to-date immunizations.



Resource Network

- ◆ 130,849 families (49%) were linked to at least one community resource during the program year.
- ◆ 8,214 families were linked to state children's health insurance programs.
- ◆ 2,789 families were referred by Parents as Teachers to the appropriate social service agency because of suspected child abuse or neglect.

◆ **Communities Served:**

- 45% Rural
 - 45% Small Town
 - 19% Suburban
 - 22% Urban
 - 8% Major City
- (duplicate count)

◆ **Programs primarily serve the following ages:**

- 55% Prenatal to 5 years
- 42% Prenatal to 3 years
- 2% 3 to 5 years
- 1% 2 to 5 years

◆ **Sponsoring Organization:**

- 55% School System
 - 12% Family Resource Center
 - 11% Government Agency
 - 7% Community Action Agency
 - 6% Child Care Center
 - 5% Hospital or Medical Facility
 - 8% Health Department
 - 3% University/Extension
 - 23% Private/Public Non-Profit
 - 11% Social Service Agency
 - 1% Tribal Government / BIE
 - 1% Migrant Program
 - 5% Early Intervention / Part C
 - 15% Other Collaboration
- (duplicate count)

◆ **72% are blended with other early childhood or parent support programs, for example:**

- 171 Even Start
- 290 Early Head Start
- 323 Head Start
- 220 Healthy Families America
- 297 State Pre-K Initiative

◆ **Programs operate an average of 11 months per year. 60% operate all 12 months.**

◆ **53% of programs are universal access.**

◆ **9,663 parent educators (6,020 full-time; 3,643 part-time)**

◆ **19% parent educators are bilingual; 16% speak Spanish fluently.**

◆ **Parent Educators Per Program:**

- 25% 1 parent educator
- 21% 2 parent educators
- 25% 3 to 4 parent educators
- 20% 5 to 9 parent educators
- 10% 10 or more parent educators

◆ **Education Level of Parent Educators:**

- 16% Masters or Beyond
- 50% Bachelors
- 17% Associates
- 17% Less Than Associates

◆ **45% of programs report that they have recently participated in a formal evaluation or research study on child and family outcomes.**